CUSCO DESTINATION

Travel Agency - 100% Peruvian

TREK

AUSANGATE CIRCUIT

6 Days / 5 Nights



OVERVIEW | MAP | ITINERARY | INCLUDED | PACKING LIST

Overview

The Ausangate trek Circuit is definitely an adventure route recommended for those who like hiking, feel nature, the spirit of the mountains, and the energy of Mother Earth. The Ausangate circuit offers some of the most beautiful landscapes of Cusco, with varied wildlife, glaciers and Andean lagoons.
Ausangate Trek is also one of the most difficult hikes in the region. The most important thing about this trip is that you'll get to see the real PERU, the Andes and its people in their traditional dress, their customs that persist till today.

IMPORTANT INFORMATION:

- Ausangate is the fifth highest mountain in Peru; its maximum altitude is 6,372 meters.
- The hike up the mountain of Ausangate is considered adventure tourism. The road presents rock formations at a height of over 5000 meters covered by ice tongues.
- The waters of the snowmelt flowing westward give origin to the Vilcanota River, which subsequently flows into the Amazon River and ends up in the Atlantic Ocean.
- Its eastern slopes feed several small rivers that culminate in the Inambari River and to the south it drains its waters into Titicaca Lake with the river Azángaro.
- The temperature in the day is between 11 and 13 degrees Celsius and at night it drops to 4-10 degrees Celsius in June and July.

CONTENIDO

1 Map

2 Itinerary

3 Included

4 PACKING LIST



ROUTE MAP

City
3 400 m

Camp
3 900 m

start
3 800 m

High point
4 630 m

DAY 01: CUSCO - TINQUI – UPIS

On this first day we'll leave Cusco very early for our three-hour trip in a private vehicle to the small village of Tinqui (3,800 meters). We will go past beautiful landscapes and several traditional villages such as Urcos, Cattca and Ocongate. In Tinqui we will have lunch, after lunch we'll begin to walk through beautiful mountainous landscapes with great views of Mount Ausangate. We'll walk for an average of 4 hours to reach the hot springs in Upis (4400 meters). In this place we will have dinner and spend the night.



DAY INFORMATION:

- Shuttle to Upis: 4 hour
- Hiking time: 4 hour Approx.
- Accommodation: Camping.
- Min. Altitude: 4,985 m. / 16,355 ft.
- Max. Altitude: 4,250 m. / 13,944 ft.
- Difficulty Levels: Moderate 3 of 5
- Meals: Lunch, Dinner
- Hiking distance: 10 Km. / 6.2 mile
- Climate: Cold in the day and cold in the night

DAY 02: UPIS - JATUN PUCACOCHA

After breakfast, we head to the first pass called the Abra of Arapa (4850 meters). After going by this pass we will have lunch, after a break we'll begin to descend through the valleys, through the green lagoon Puqa Q'ocha down to the turquoise waters of Jatun Puqa Q'ocha (4585msnm) which is found in the lower part of one of the glaciers of Ausangate, in this place we will have dinner and set up our second camp for the night.



DAY INFORMATION:

- Hiking distance: 11 Km. / 6.8 miles.
- Hiking time: 5 hour Approx.
- Accommodation: Camping
- Min. Altitude: 4,400 m. / 14,436 ft.
- Max. Altitude: 4,800 m. / 15,748 ft.
- Difficulty Levels: Moderate 3 of 5
- Meals: Breakfast, Lunch, Dinner
- Climate: Cold in the day and cold in the night.

DAY 03: JATUN PUCACOCHA - RAINBOW MOUNTAIN – AUSANGATE LAKET

oday starts with Chillca pass (5050m), a very colorful mountain but only a precursor of what is to come. After crossing the pass you enter into a bright red valley, a wildly desert landscape with vibrant colors all around, and llamas roaming the ground below- as you approach the top of the pass you will see the beautiful Rainbow Mountain in the distance, but your not quite there! From here you begin descending to a wide valley and continue walking a Peruvian flat until we are presented with one final climb to the Rainbow Mountain. Soak in the sights and enjoy what you've worked so hard for. We will enjoy lunch in the surrounding area, and head back down the valley to make our way to the stunning Lake Ausangate where camp will be set up and waiting for you to take a rest.



DAY INFORMATION:

- Hiking distance: 11 Km. / 6.8 miles.
- Hiking time: 7 hour Approx.
- Accommodation: Camping
- Min. Altitude: 4,400 m. / 14,436 ft.
- Max. Altitude: 4,985 m. / 16,355 ft.
- Difficulty Levels: Moderate 3 of 5
- Meals: Breakfast, Lunch, Dinner
- Climate: Cold in the day and cold in the night.

DAY 04: AUSANGATE LAKE - PALOMANI PASS - SURAPATA

Covering less kilometers today, as yesterday was a big day, we pass beautiful glacial tarns, lush green pampas, and follow the edge of the river. Today is a great day for spotting wildlife so keep an eye out for condors, and vicuñas.



DAY INFORMATION:

- Hiking distance: 17 Km. / 10.5 miles.
- Hiking time: 9 hour Approx.
- Accommodation: Camping
- Min. Altitude: 4,376 m. / 14,357 ft.
- Max. Altitude: 5,100 m. / 16,73 ft.
- Difficulty Levels: Moderate 3 of 5
- Meals: Breakfast, Lunch, Dinner
- Climate: Cold in the day and cold in the night.

DAY 05: SURAPATA - JAMPA PASS - PACCHANTA (Hot springs / Camping)

With only one pass to cross we will take our time today enjoying the deep blue lagoons, and alpine glacial colored lakes along the way. If your brave enough you can even jump in to cool off. Views of the massive Ausangate mountain are still visible, only today you will get to enjoy them from a new angle along with views of Pacchanta Valley. Our goal is the hot springs of Pacchanta where we will enjoy a nice soak and the views of the Ausangate Mountain above.



DAY INFORMATION:

- Hiking distance: 10.5 Km. / 6.52 miles.
- Hiking time: 6 hour Approx.
- Accommodation: Camping
- Min. Altitude: 4,500 m. / 14,764 ft.
- Max. Altitude: 5,200 m. / 17,060 ft.
- Difficulty Levels: Moderate 3 of 5
- Meals: Breakfast, Lunch, Dinner
- Climate: Cold in the day and cold in the night.

DAY 06: PACCHANTA - TINQUI - CUSCO

After breakfast, we will have three hours to walk back to Tinqui, where we will have time to explore this traditional Andean village before taking the private transportation back to Cusco, we'll be arriving in Cusco at approximately 6:00 pm.



DAY INFORMATION:

- Shuttle From Upis: 4 hour
- Hiking time: 6 hour Approx.
- Min. Altitude: 4,100 m. / 13,451 ft
- Max. Altitude: 5,070 m. / 16,634 ft.
- Difficulty Levels: Moderate 3 of 5
- Meals: Breakfast, Lunch
- Hiking distance: 11 Km. / 6.84 miles.
- Climate: Cold in the day and cold in the night.

OUR SERVICE INCLUDES

- Trek briefing with your guide. one night before the trek at your hotel
- Professional trek guide - in different languages (English, Spanish, Portuguese, and more) - Second tour guide for groups of 9 passengers to more.
- Collection from your hotel in the morning and transfer in private transportation to Tinki (starting point of the trek)
- Personal tents: 2 people in each 4-people-capacity tent, to allow for higher comfort and a safe keeping of backpacks.
- Dining tent with tables and chairs
- Kitchen tent
- Chef and cooking equipment
- Pack animals (to carry tents, food and cooking equipment) – days 1 to 5
- Pack animals to carry personal gear up to a maximum of 7kg per person (including sleeping pad and sleeping bag) – days 1 to 5
- Accommodation for all our staff
- Meals (05B, 05L, 05D + daily morning snack + daily tea service except last day). Vegetarian or special menus are available upon request at no extra cost
- Filtered boiled water from lunch time on 1st day onwards
- Bio-degradable personal hand soaps
- Bio-degradable dishwashing detergents used by our kitchen staff
- Others: hot water every morning and evening for washing purposes / boiled water to fill in your water bottle every morning and night, and at lunch time if requested with enough time ahead
- First-aid kit including emergency oxygen bottle.
- Private transport from Tinki to Cusco, including transfer to your hotel in Cusco

NOT INCLUDED

- Breakfast on the first day
- Lunch and dinner on the last day
- Hot springs (in Upis)
- Sleeping bags
- Walking Sticks: you can hire from our company
- Additional horses for extra personal luggage above that of the personal item allowance.
- Travel Insurance
- Tips, for the crew (muleteers, chef and guide)

What you need to take:

- A backpack
- A beanie hat or ear warmer
- Sun hat
- Scarf
- Gloves
- A mid weight sweater
- A longsleeve t-shirt
- 1 – 2 t-shirts
- A lightweight suater or vest
- A pair of long pants
- Hiking shoes
- An extra pair of shoe
- 2 – 3 pairs wool socks
- A jacket
- A small towel
- Rain gear
- 1 – 2 pair shorts
- Sunglasses
- A small headlamp
- Waterbottle
- A toothbrust and other personal toiletries
- Toilet paiper
- Sun cream
- Camera and film
- Original passport (International Student Identity Card “ISIC” if applicable)
- Extra money for drinks.
- Emergency money at least 300-450 extra soles (USD$ 220)

CONTACT INFORMATION

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